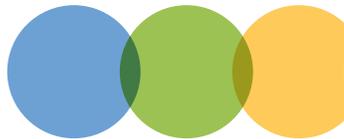




  
 A Weekly Update  
 For The Employees of  
 North Central Health Care



 **NEWS YOU CAN USE**

**WEEKLY CONNECTION WITH OUR TEAM**



**Tom Boutain**  
 Chief Information  
 Officer

**THINGS ARE CHANGING**

It is hard to believe that this all started back in 2017 when the 5 to 50 Strategic Vision was created for the future of NCHC which included these amazing campus upgrades. I cannot say that I was a part of the team that created the vision, but I am proud to say that I have been here through the execution. Construction all started on August 5, 2019, with the Groundbreaking for the Aquatic Therapy Pool and it has not stopped since. The Aquatic Therapy pool opened June of 2020, the Youth Behavioral Health Hospital opened November of 2020, and Crisis Stabilization Unit opened in May of 2021. A Ribbon Cutting Ceremony for the new Mount View Tower was held on October 5, 2021.

Well, it does not stop there. This Tuesday we moved into the new Adult Behavioral Health Hospital. The teams did an amazing job with the move. We were able to get everything moved, including the patients, without any issues. A huge thank you for everyone who helped. It was an exciting first day with the unit filling all sixteen beds and has been near capacity since the move to the new hospital. Almost immediately after the hospital move, phase 2 of D & F Wing began which will house Crisis Services and Detox with an anticipated completion date of late November/December of 2022.

This week they started to prep 2400 Marshall Suite A (Old MVCC) exterior by power washing and painting to match the old with the new to have our campus appear as one. In early June of 2022, renovation of 2400 Marshall Suite A will begin with a two-phase approach expected to finish late April/May 2023. I am excited to see the final campus renovations.

**ADMINISTRATOR ON-CALL**  
 x4488 or 715.848.4488

**Friday, May 23 –  
 Monday, May 31**

**Jennifer  
 Peaslee**



**IT Tips ..... 2**  
**Welcome to the Team ..... 3**  
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**Health tip of the Week ..... 7**  
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**Food Forecasts ..... 8-9**  
**COVID Report ..... 10**

Person-Centered  
**Shout  
 out**



**Cristy Maltby,  
 Accounting**

**Why:** Being such a great asset to the team! Thanks for your willingness to learn new things! :)

**Submitted By:  
 Kelly Henke-Kaiser**





PHOTO OF THE WEEK: "THE CALM AFTER THE STORM IN MERRILL"



"I snapped a neat photo of the Merrill office on my way out of work last night. It was like the 'calm after the storm' here after a torrential rain fall in Lincoln County."

- Submitted by Heidi Heise, PMHNP-BC, FNP-BC, APNP, Nurse Practitioner, Outpatient Psychiatry • Merrill Center



WAUSAU CAMPUS MEETING ROOM CHANGES

Granite & Trillium Rooms Converted to Workspace

The Granite Room and Trillium Rooms are no longer available for use as a conference rooms. The rooms are being converted to office space during the renovations. The Finance Director, Gary Olsen, will be working from the former Granite room and the Adult Behavioral Health Hospital Clinical Teams will be working from the Trillium Room.

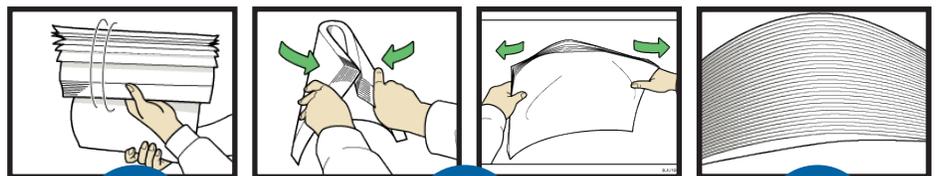
Managers can refer to the updated Meeting Rooms listing on the O Drive in the management folder for other meeting room options: O:\Management Team\2022 Management Resources\27 - Meeting Rooms 220509.pdf

We will do our best to accommodate requests with the options we have available.

IT TIPS: DOES YOUR COPY PAPER KEEP JAMMING?

Use this Simple Step to Prevent the Jam & Keep Your Day Going

Recently, we have had many calls regarding jammed paper in copy machines. This causes delays and makes staff take extra steps and time to find a copier that is functioning. There are simple steps you can take to avoid the jam. Before loading paper in, you can fan and bend the sheets. This will take care of most jams before they start. Here's how:



1

Loosen the stack by riffling or fanning the sheets.

2

Holding its shorter ends, flex the stack back and forth to create space between the sheets. Repeat this several times.

3

Make sure there is space between the sheets.



## WELCOME THESE NEW EMPLOYEES TO THE TEAM!

These employees were welcomed at Orientation on May 16, 2022

### Adult Day Services



**Michele Genke** – Program Aide

### Community Treatment



**Kimberly Woyak** – Community Treatment Tech

### Adult BH Hospital



**Travis Brown** – Registered Nurse

### Hope House Antigo



**Heather Gustafson** – Sober Living Outreach Program Manager

### Pine Crest



**Sara Bergman** – CNA



**Jennifer Mohr** – Med Tech



**James Morgan** – Registered Nurse



**Shelbi Rajek** – Hospitality Assistant



**Brandy Potter** – CNA

### Mount View

### Residential

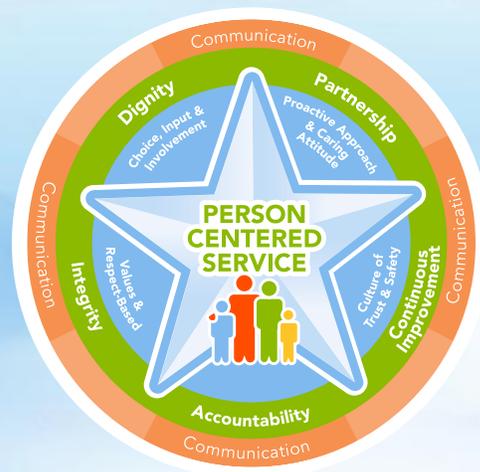


**Brook Cetnarowski** – Residential Care Assistant

### Volunteer & Guest Services



**Mary Seehafer** – Administrative Assistant



*We are so excited to have you on our team!*



# ONLY 1 WEEK LEFT TO DONATE!



## COLLECTING NEW SOCKS *of all shapes and sizes!*

### NCHC COLLECTION SITES

#### WAUSAU CAMPUS

Mount View Care Center Lobby  
Staff Caffeteria  
Outpatient Lobby (Door 13)

#### MERRILL

Pine Crest Staff Entrance  
Merrill Center Lobby

#### ANTIGO

Antigo Center Lobby

Socks, especially for kids, are an often overlooked item when it comes to clothing drives and collections. Schools all over Marathon, Lincoln & Langlade Counties have reported socks to be an ongoing request for students, especially when going back to school in the fall. That's why NCHC has partnered with the United Way to host a socks drive for schools. Consider donating new socks of all shapes and sizes to help the youth in our communities.

**FOR MORE INFORMATION VISIT**  
[UnitedWayMC.org/socks-for-schools-clothing-drive](https://www.unitedwaymc.org/socks-for-schools-clothing-drive)



### ON THE MOVE!

Recent employee transfers and promotions.



#### TODD SCHUELLER

Todd was recently promoted from Residential Care Assistant to Care Coordinator in Residential Services! Congrats Todd!



### INTERESTED IN HELPING ORGANIZE THE NCHC ALZHEIMER'S WALK TEAM?

Are you interested in joining the NCHC ALZ Team to help organize efforts for the 2022 Walk to End Alzheimer's? Employees from all 3 counties will work together to support our NCHC ALZ Team efforts. This is just a form to express your interest. You will receive information about our team efforts, meetings, maybe help plan some fundraisers or activities. This is not a sign up for formal committee. You can participate in the Walk this September, without being a member of the planning team (*but hey, this is a lot of fun, so sign up!*)

Typically a group of employees lead the volunteer efforts at NCHC to support the local ALZ Walk to End Alzheimer's. If you are interested, want more information, or want to be a group leader, fill out the form at the link below and we will be in contact with you!

Thanks for your interest and for helping to End Alzheimer's!

### Join the Planning NCHC Team!

<https://forms.gle/DJfGMZ1hS9Tp593X7>



### Join the NCHC Purple Passion Walk Team Online!

<http://act.alz.org/goto/NCHCPurplePassion>



# COMMUNITY CORNER CLUBHOUSE

Thank you Milwaukee Burger Company - Wausau for your support! Thank you to all the customers, friends, family, NCHC Employees, and members who came out to support us at the fundraiser this past week!



Marathon County Employees Credit Union

## CREDIT HEADACHES ARE NOTHING TO BARK ABOUT

We can help get your finances to heel so you no longer feel like you're in the doghouse. Visit us today.



Proudly serving NCHC Employees and their Families  
Already a member: Thank you  
Not a member: Contact us today!

Apply online at [www.mcecu.org](http://www.mcecu.org)  
715 261-7685  
[cuteller@co.marathon.wi.us](mailto:cuteller@co.marathon.wi.us)  
400 East Thomas Street  
Wausau, WI 54403

## May 2022 Organizational Learning Modules



Log into the learning management system (LMS), *UKG Pro Learning*, to complete the following training modules:

- **General Work Expectations and Employee Compensation Policy/Procedure Acknowledgement 2022** (15 minutes)
- **Work on any outstanding assignments**



For All Employees!

## North Central Health Care Well-Being Program 2022

### Earn Incentives on Your Well-Being!!

Employees can earn a \$100 gift card by earning 100 points!

Follow these easy steps on your personal online wellness portal to begin earning cash!

### Step 1

Log into your personal wellness portal. If you have already created an account in 2021, you will not need to register again. For those that have not registered in the wellness portal, please follow the steps shown on page 2.

### Step 2

Earn 100 points by November 30th, 2022, by completing a variety of the activities shown on page 2.

## HOW TO REGISTER FOR THE ASPIRUS WELLNESS PORTAL

Aspirus Business Health-Wellness is excited to partner with North Central Health Care to provide you with access to a wellness resource, [www.managewell.com](http://www.managewell.com). This website features valuable health programs and tools as well as a central location for storing and tracking your wellness efforts.

To participate in the wellness program, go to the website [www.managewell.com](http://www.managewell.com) or download the Managewell 2.0 App and follow the instructions below to register:

1. Click "Sign up".
2. Enter your "Unique ID." This Unique ID is the first few letters of your company, "NCHC", followed by your employee ID number. An Example is: NCHC123456.
3. Enter your date of birth and select "Continue".
4. Confirm your name.
5. Read through and accept "Terms".
6. Enter a unique and valid email address and password. Remember these for the next time you log in to the website.
7. Select "Continue" and it will take you to your Home/Dashboard page.

Contact Aspirus Business Health-Wellness if you have any questions or need help.  
844.309.1269 | [wellness@aspirus.org](mailto:wellness@aspirus.org)

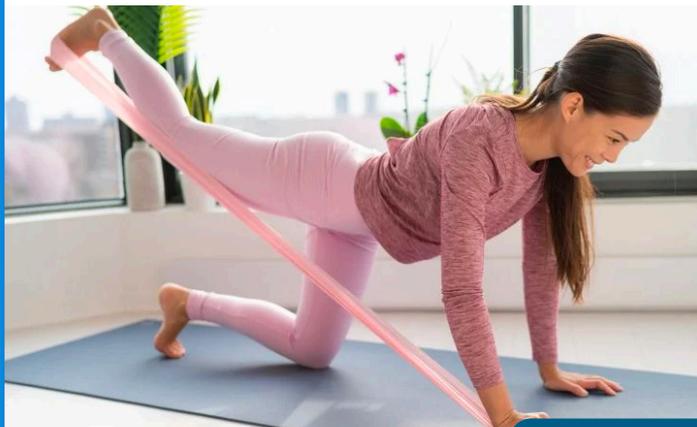


# ManageWell®

## HEALTH TIP OF THE WEEK

### RESET YOUR FITNESS MINDSET

If you struggle to find the motivation to start or power through a workout, try readdressing your mindset. Focus on the benefits of the activity instead of the activity itself. Think about your goals and remind yourself how good it'll feel to achieve them.



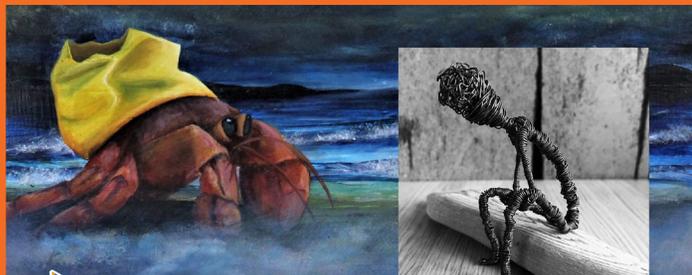
**Employee Health & Wellness Center**  
1100 Lake View Drive, Wausau, WI, North Central Health Care Campus, Door 25  
Schedule an Appointment: 715.843.1256 or MyAspirus.org  
M, W, F 8AM - 4:30 PM | TUES 6:30 AM - 3PM | THURS: 9:30 AM - 6PM



## MORE NURSING HOME DRESS UP FUN!



### Visit the NCHC Booth in the Main Hall!



## "You Are Enough"

An Inspirational Art Show



#### FEATURING ARTISTS:

- Melissa Airy
- Olivia Majernik
- Stacey Bukhart
- Johanna Gregory
- Ginny Brooks
- Ania Maties
- Hailey Johnson
- Stephanie Kohli
- Stefanie Sladky

View Last Years Event



**May 19th 4pm-8pm**  
**May 20th 4pm-8pm**  
**May 21st 9am-8pm**



Using artwork to heal our community and connect one another. Viewers will be inspired through visuals, music, uplifting interaction, and presentations. Topics Include: Stress, Addiction, Poverty, Suicide, Abuse

**Thrive Church, 400 Grand Ave, Wausau WI.**

themovingexperienceausau@gmail.com



# Pine Crest

Person centered. Outcome focused.

## Star of the Month

### CONGRATULATIONS ANGIE LEPAK!





Angie Lepak is our May Pine Crest Star! Angie has been working at Pine Crest for over 30 years, starting out in activities and is now our Accounts Payable Rep. She has great work ethic and is very detail oriented and makes sure her work is accurate. She is patient, kind, accommodating, understanding, and quick to get back to people. She loves working with the residents and she will go out of her way to assist in any way she can. She is a huge help at the front desk and happy to show people where they are going, help a resident find that tricky puzzle piece, and assist residents back to their rooms. When she sees activity staff struggling, she's the first to jump in whether that be cooking breakfast, playing Twister, or cracking eggs on staff's heads. She's a wonderful advocate for the residents, asks questions, and is also very happy to train and assist other staff. Angie is a true asset in our Employee Appreciation Group and brings back great feedback from staff and creative and fun suggestions. She volunteers to take on a lot of the additional tasks with the group and helps keep us all organized and on schedule. Angie has a heart of gold and goes above and beyond daily. We are blessed and thankful to have Angie on our team!

# WHAT'S FOR LUNCH?

## WAUSAU CAMPUS EMPLOYEE CAFETERIA



### BREAKFAST HOURS

9 AM - 11 AM

### LUNCH HOURS

MONDAY - FRIDAY

11:30 AM - 1:30 PM

HOT FOOD BAR \$.45/OUNCE

(Weekdays Only)

### GRAB-N-GO HOURS

MONDAY - FRIDAY

9 AM - 5:30 PM

WEEKENDS:

GRAB-N-GO ONLY

## MAY 23 - 27, 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Sliced Ham Steamed Broccoli Baked Potato	Chicken Breast Green Beans Rice Pilaf	Meatloaf Stewed Tomatoes Mashed Potatoes	BBQ Pork/Bun Creamed Corn Fried Potatoes	Baked Cod Peas & Carrots Sweet Potatoes
SOUP	Navy Bean Soup	Potato Soup	Vegetable Soup	Hobo Soup	Tomato Soup
DESSERT	Fruited Gelatin	Baked Apple Slices	Iced Carrot Cake	Mandarin Oranges	Fruit Mix



# THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM  
HOT FOOD AVAILABLE UNTIL 2:30PM

## PANINI OF THE WEEK



### BISTRO CLUB PANINI \$6.00

TURKEY | HAM | BACON | SWISS | TOMATO | MAYO

### PANINI FORECAST

**5.30 | CHICKEN BACON RANCH PANINI**

GRILLED CHICKEN | BACON | PROVOLONE | RANCH | SPINACH

**6.06 | ITALIAN PANINI**

HAM | TURKEY | SALAMI | PROVOLONE | BANANA PEPPER

**5.13 | MEXI MELT PANINI**

GROUND BEEF | PEPPER | ONION | MOZZ | CHIPOTLE RANCH

### LATTE OF THE WEEK



ICED OR HOT  
HAZELNUT LATTE  
(SUGAR FREE!)

**KICK START YOUR WEEK WITH  
\$1 OFF ANY LARGE LATTE EVERY MONDAY!**

**GIFT CERTIFICATES & PUNCH  
CARDS AVAILABLE NOW!**



SCAN AND LEAVE US  
SOME FEEDBACK!



CASH, CREDIT OR QUICKCHARGE PAYMENTS ACCEPTED | ALL SALES SUBJECT TO SALES TAX



# NCHC Covid-19 Weekly Status Report | May 19, 2022



**Wear a Mask – Maintain Social Distance – Wash Your Hands – Stay Home If You Are Sick.**

**Report Symptoms and Covid-19 Exposures to Your Manager Immediately.**

Managers report in SafetyZone ASAP.

Staff will continue to screen, report symptoms and not report to work if experiencing any signs of illness. Staff are required to use PLT or take unpaid leave due to symptoms or exposure. **Questions: Employee Health 715.848.4396**

## GENERAL PPE GUIDELINES

The General PPE Guidelines below are in place at all times, regardless of the Alert Level to right.

**You must follow BOTH General and Alert Level Guidelines to right for the County you work in.**

**Employees:** Self-screening required using temperature kiosks procedures. If Alert Level requires masks, staff may remove masks while working alone in private offices.

**Visitors:** Cloth face covering or surgical masks required by all in Nursing Homes and Adult/Youth Inpatient Hospitals. Visitors to Nursing Homes & Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will require temperature check only.

**Employees Working in Direct Patient/Resident Care:** Each patient/resident care area will be designated as being in Standard or Covid-19 Confirmed/Suspected Precautions. Units/Patients on Covid-19 Confirmed/Suspected Precautions must have it clearly posted on the entrance to the unit or patient room.

o **Standard Precautions** – Surgical Mask and Gloves required. Eye Protection (face shield, goggles or safety glasses) required during applicable isolation precautions.

o **Covid-19 Confirmed/Suspected Precautions** – N95 Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.

## CURRENT NCHC ALERT LEVEL RESPONSE BY COUNTY

<b>MARATHON: HIGH</b>	<b>LINCOLN: HIGH</b>	<b>LANGLADE: HIGH</b>
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### REQUIRED PPE GUIDELINES:

- All NCHC programs required to wear masks at all times in all areas including hallways, waiting rooms and meetings. This includes staff, patients & visitors.
- **Employees:** Face coverings required while entering the building. Self-screening required using temperature kiosks procedures. Surgical masks at a minimum required while within all NCHC buildings. Staff may remove masks while working alone in private offices. Shared offices require masks.
- **Patient Care Encounters:** Eye Protection (face shields or goggles) to be worn with patient care encounters.
- **Visitors:** Cloth face covering or surgical masks required. Visitors to Nursing Homes and Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will only require temperature check.

### GENERAL:

- Clinical Areas restricted to only necessary personnel.
- Limit movement to and between clinical areas within facilities.
- No Staff flexing to alternate units if possible.

### STAFF MEETINGS/BREAKS:

- No in-person staff meetings unless approved by Incident Command. Use virtual meeting options only.
- Employee potlucks restricted.
- Social distancing required in Employee Cafeteria/break areas (2 per table only). Masks must remain in place when not eating or drinking.

## PROGRAM-SPECIFIC OPERATIONAL CHANGES

Information below denotes only Covid-19 Confirmed cases. Some units/patient rooms may be on Covid-19 Suspected and use same precautions until negative test results are returned.

- **Mount View:** In-Person Visiting Hours M-F: 7am – 7pm, Weekends/Holiday: 10 am – 6 pm
  - o **Covid-19 Confirmed Precautions** 2 Positive Residents on Floor 2.
  - o 3 Positive Employee cases reported in Dietary and Nursing since last report. Additional PPE and Testing required by staff.
  - o Visitors allowed in all NH units, must follow ALL precautions in place.
- **Pine Crest:** In-Person Visiting Hours: M-F: 9am – 6 pm, Weekends: 9am – 3pm.
  - o **No Positive Residents on Units.**
  - o 2 Positive Employee cases reported in Long Term Care (South Central) and non-care area since last report. Additional PPE and Testing required by staff.
  - o Visitors allowed in all NH units, must follow ALL precautions in place.
- **Residential Services:**
  - o **Covid-19 Confirmed Precautions** 1 Positive Resident at Fulton Street. 3 Positive Residents at Riverview Towers.
  - o 2 Positive Employee case reported in Riverview Towers since last report. Additional PPE and Testing required by staff.

Note: Lakeside Recovery/MMT: Temporarily closed. No Admissions.

Please contact your Manager for specific operational questions for your areas. Managers will use the full Alert Level Policy for all guidance.

Program Hours and Operations Online: [www.norcen.org/Covid-19](http://www.norcen.org/Covid-19)